

# SPRING FIT

**MAY 11TH**  
FROM: 8:45AM-1PM

## MEET & GREET THE STARS OF COOL FITNESS

**8:45AM** CHECK IN AT FRONT DESK  
FOR RAFFLE TICKET & LUNCH TICKET

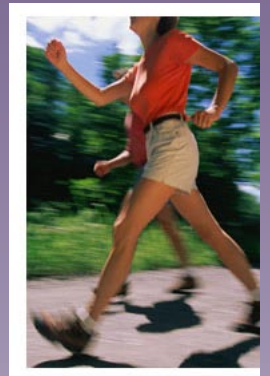


**9:00AM** IRON YOGA WITH GINA COOL,  
COOL FITNESS, ORIGINATOR OF IRON YOGA

**9:45AM** gTONNICKS WITH MR G.  
EXPERIENCE THE PRECISION TONING FOR THE ABS, HIPS, THIGHS & MORE

**10:15AM** Healthy snack & refreshments

**10:20AM** POWER WALK  
WITH ALL YOUR FAVORITE COOL FITNESS TRAINERS



**11:10AM** YOGA WITH GINA COOL

**12:00PM** LUNCH BREAK  
WITH CHAIR MESSAGES BY ZELLMER & ASSOCIATES,  
POSTURE ANALYSIS & MUSCLE TEST BY DR. ELHAM



& RAFFLES

**PRE-REGISTER BY MAY 7TH TO RESERVE YOUR SPOT!**

**R** PARTICIPANT'S NAME: \_\_\_\_\_

**E** ADDRESS: \_\_\_\_\_

**G** PHONE NUMBER: \_\_\_\_\_ CELL: \_\_\_\_\_

**I** EMAIL ADDRESS: \_\_\_\_\_

**S** FEES: (CIRCLE ONE) MEMBER \$25                      NON-MEMBER \$ 35                      TOTAL AMOUNT DUE: \_\_\_\_\_

**T** The undersigned hereby agrees to defend, indemnify, and hold harmless the City of Calabasas and its officers, employees and agents from any and all loss, liability charges and expenses (including attorney's fees) and cost which may have risen of participation In any program. (The City does not provide accident, medical, worker's compensation insurance or any other insurance for program participants in any program). As parent/guardian, I hereby consent emergency treatment of my minor child as a result of accident or injury. I further agree to pay and all costs incurred as a result of said treatment. I agree to carefully inspect and satisfy for myself that the facilities provided are reasonably safe for this intended use. Once having conducted the inspection, I hereby agree to expressly assume the risk of participating at the premises. I understand the City retains the right to use photos taken during activities for publicity purposes.

**E** Adult/parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_ BirthDate: \_\_\_\_\_

**R** SIGNATURE AND BIRTHDATE ARE REQUIRED TO PROCESS REGISTRATION

**R** REGISTER TODAY!  
TURN IN REGISTRATION FORM TO THE FRONT DESK!  
MAKE CHECKS OUT TO THE CITY OF CALABASAS

